Paston Footprints: Paston Circular





Route Summary

A 6.1 km circular route, exploring The Paston History in Paston

What is an access audit?

An access audit looks at the suitability of a trail for people with mobility impairments. We measure 12 parameters that are relevant for people accessing the countryside. If these are exceeded they are detailed in these booklets.

Parameter	Standard threshold for recording
Surface condition	The path is not firm, stable and non slip
Barriers to wheelchair users	When steps or stiles present
Path width	The Path less than 1200mm wide
Restriction	Restriction to the path less than 815mm wide
Ramp Gradient	The slope along the path is steeper than 1:10
Rise of Ramp	Ramp sustained for more than 950mm without resting place
Cross Gradient	The slope across the path is greater than 1:35
Steps	Steps greater than 15mm high
Resting places	No bench or other seat after 300m
Passing places	Paths below 1200mm should have a wider passing place every 150m
Surface breaks	The path surface has a gap greater than 12mm wide
Clear Walking Tunnel	The path is clear to a width of 1200mm wide and to a height of 2100mm

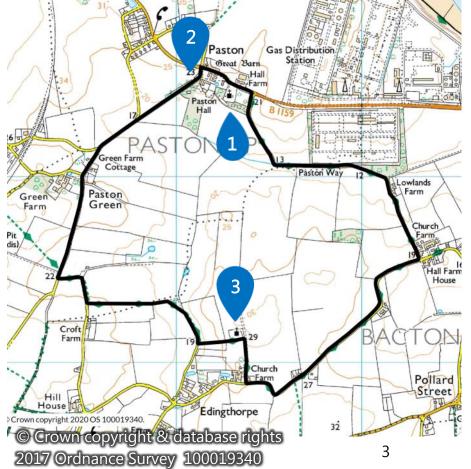
The access audit shows the position and measurements where these threshold standards are **not met** as well as benches and other facilities.

Points of Interest











All Saint's Church

Route Description



Paston Circular

This walk has been audited to support people accessing the countryside and to improve quality of life. The walk audit checked for potential accessibility difficulties along the route. A Maps is provided on p6 showing point numbers which correspond to photos and descriptions of these areas so that you can decide if this walk is suitable for you

This route is most suitable for a wheelchair with adaptions suitable for going off-road due to the more challenging sections of footpath at points (3), (5), (6) & (7)

There is a stretch of main road on a blind corner at point (1), this can be avoided by taking the path from St Margaret's Church that runs to the south of the Great Barn. This is one of the sections that is quite challenging for a wheelchair (3), due to an uneven surface and may be overgrown.

The rest of the trail follows quiet lanes with some gentle elevation changes, with steeper gradients marked at points (4) & (6)



It should be noted there are no facilities on the route, no toilets, and no refreshments. All Saints Church is accessible with a ramp that can be put in place by an able bodied assistant.

Route Description





Start point: Paston Great Barn, NR28 9TZ TG322345



Distance: 3.8 miles/6.1 km



Accessible facilities: Nearest Accessible toilets at Coast Road, Bacton. RADAR key



By car: Paston Great Barn, NR28 9TZ or All Saints Church, NR28 9SX



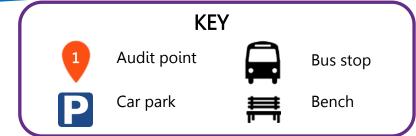
By bus: nearest stop at Chapel Road/. Bus numbers 34/35B stops here.: Paston.

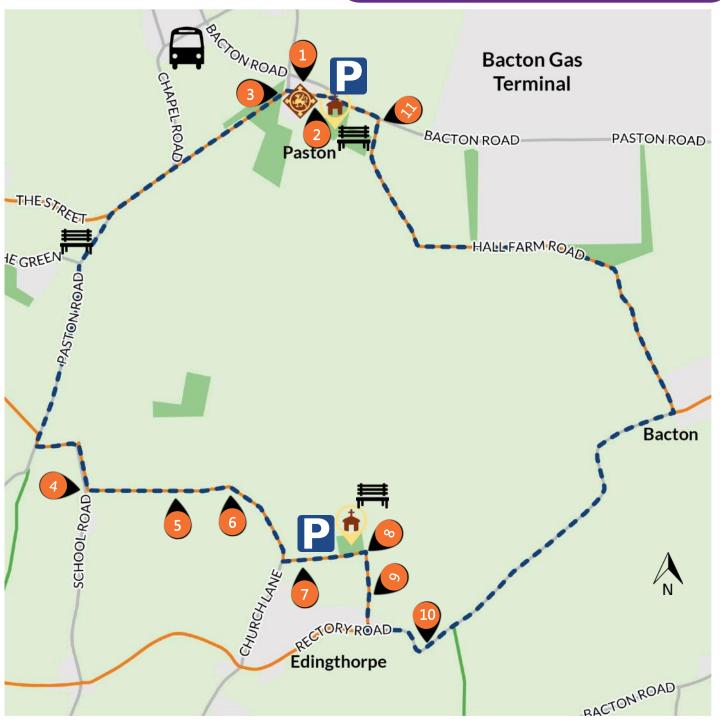
adjacent to Chapel Road Bus Shelter - bustimes.org

Audit Map:



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There is suitable parking at the Great Barn Nature Reserve (P1) and also at the end of church lane near All Saints Church, Edingthorpe (P2)

Both have ample parking with compressed gravel surfaces. There is plenty of space to get a wheelchair in and out of a car.



Main road has a blind bend without footpath.



Kissing gates at each end of the path are large enough to accommodate a wheel-chair.





The path here is uneven, and may be muddy and overgrown.



There is a short steep gradient of 1:7 from the road to get up to the footpath.

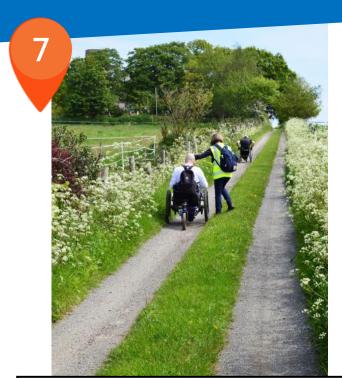


The footpath here is very uneven and there are some hard to navigate cross gradients. The path can be muddy after rainfall.



The access point between the two field boundaries here had been ploughed and would not have been possible to continue along the circular without extra assistance.





Incline 1:10 on tarmac surface.



Narrow and uneven path here, may be overgrown.

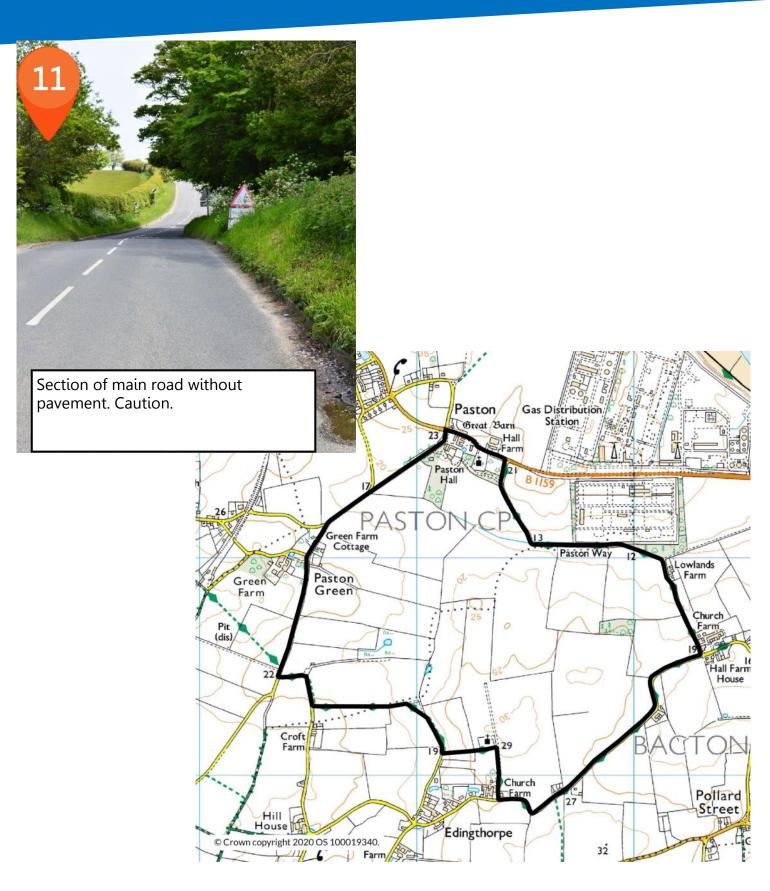


The path follows the field edge here, and becomes very uneven and overgrown, this can be avoided by following the track around the barn.



Quiet lanes with some blind corners. Caution.





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